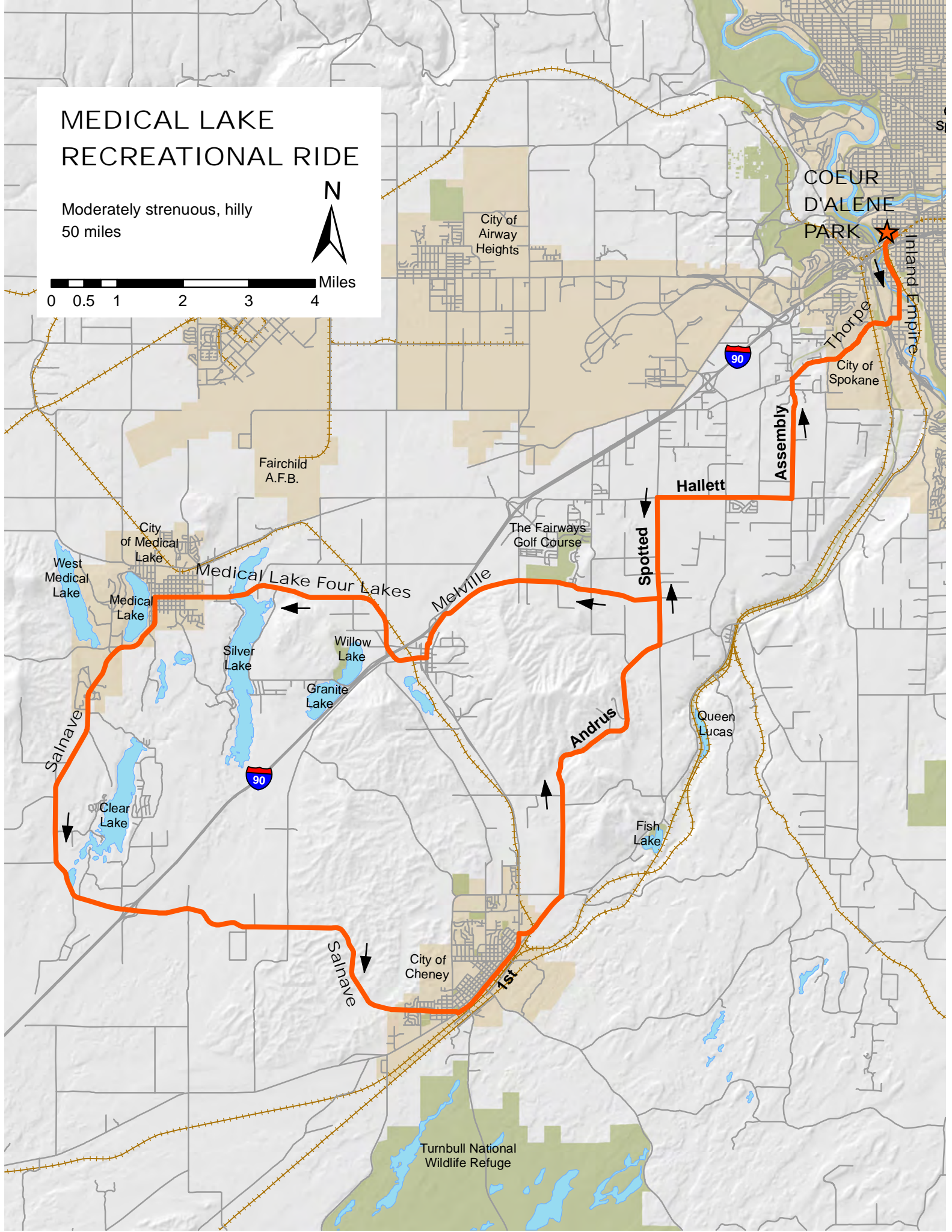
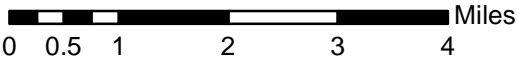


MEDICAL LAKE RECREATIONAL RIDE

Moderately strenuous, hilly
50 miles



MEDICAL LAKE

50 miles (80 km)

Moderately strenuous, hilly
Begins at Coeur d'Alene Park
(4th Ave. & Spruce St.)

- Ride east to Cannon St and turn right.
- Proceed down Inland Empire Way (SR 195 Pullman) south to 23rd Ave.
- Turn right on 23rd Ave to Chestnut St, bearing left at the top of the hill.
- Cross SR 195 to Thorpe Rd passing under two tunnels.
- Continue on Thorpe Rd to Assembly Rd and turn left.
- Ride south to Hallett Rd and turn right,
- Turn left on Spotted Rd.
- Continue south on Spotted Rd to Andrus Rd.
- Turn right onto Cheney-Spokane Rd to Cheney.
- Take Salnave Rd from southeast Cheney, northwest and north to Medical Lake.
- From northeast Medical Lake, take Medical Lake-Four Lakes Rd to Four Lakes.
- Continue northeasterly on Melville Rd to Spotted Rd and turn left.
- Return to beginning with a right on Hallett Rd.
- Left on Assembly.
- Right on Thorpe Rd on to 23rd Ave.
- Finally north on Inland Empire Way.